

# Song #23, A Lyric for Life

## Lesson Two: "Ruminations"

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*Psalm 23:2-3: "He makes me lie down in green pastures, he leads me beside quiet waters, he restores my soul. He guides me in paths of righteousness for his name's sake."*

*Ps 62:1: "My soul finds rest in God alone; my salvation comes from him."*

### Two Principles:

**You cannot be a growing, productive, joyful Christian....**

**1. ...Without \_\_\_\_\_ for your soul.**

Genesis 2:2, 3

**A. The seventh day is the only day God \_\_\_\_\_.**

**B. The seventh day is the only one that never \_\_\_\_\_.**

**The Principle: The ultimate joy of life is \_\_\_\_\_ with God.**

Hebrews 4:1-11

**God wants us to schedule strategic slow downs so He can**

\_\_\_\_\_.

**2. ...Without being willing to be led by \_\_\_\_\_.**

**What do sheep do when they lie down?...They "\_\_\_\_\_."**

**How does God lead us?**

**1. \_\_\_\_\_; 2. \_\_\_\_\_; 3 \_\_\_\_\_;**

**4. \_\_\_\_\_; 5. \_\_\_\_\_; 6 \_\_\_\_\_;**

**7. \_\_\_\_\_; 8. \_\_\_\_\_; Others \_\_\_\_\_.**

Proverbs 3:5-8; Romans 2:15; 2 Tim. 2:15; Heb 12:7-13; Ps 119:105; Romans 8:9; Rom 10:9; Acts 22:16