

# **Building a Good Marriage**

## **Lesson Six: "Practicing Genuine Forgiveness"**

by  
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*"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you." Col 3:12-13*

### **Four Principles about Forgiveness in Marriage:**

1. Forgiveness is \_\_\_\_\_ for a healthy marriage.
2. Our forgiveness of each other is rooted in our \_\_\_\_\_ for God's forgiveness of \_\_\_\_\_.
  - A. Christ's forgiveness is \_\_\_\_\_.
  - B. His forgiveness is \_\_\_\_\_.
  - C. His forgiveness is \_\_\_\_\_.
  - D. His forgiveness is \_\_\_\_\_.
  - E. His forgiveness is \_\_\_\_\_.
  - F. His forgiveness is \_\_\_\_\_.
3. Forgiveness does have some \_\_\_\_\_.
  - A. Forgiveness does not mean an \_\_\_\_\_ of behavior.
  - B. Forgiveness does not exempt one from God's \_\_\_\_\_.
  - C. Forgiveness does not mean immediate \_\_\_\_\_.
  4. Forgiveness is a \_\_\_\_\_ choice and not a \_\_\_\_\_ act.

### **Finding the Courage to Forgive:**

1. Don't let your first reaction be your \_\_\_\_\_ one.
2. \_\_\_\_\_ for wisdom.
3. \_\_\_\_\_ yourself and seek wise Christian \_\_\_\_\_.
4. Express \_\_\_\_\_.
5. Remember what Christ has \_\_\_\_\_ you.
6. Remember the sacredness of your \_\_\_\_\_.

## ***Our Prayer Requests***

***Be Joyful always; pray continually; give thanks in all circumstances, for this is God's will for you in Christ Jesus.  
1 Thess. 5:16-18***

***We believe in the power of prayer...***What follows are the specific requests made by members of the Dalton Gardens church family by cards and by phone to the office for prayer. Thank you for the privilege of praying for one another. Please pray for these requests and give God the glory.

**Dave & Terri Johnson:** Please continue to pray for Dave's brother, Rick who was back in the hospital this past week.

**Judy & Cassie Wakefield:** Please continue to pray for Randy. He may have an infection, due to his Chemo treatment.

**Carrie Forbush:** Pray for my mom, Marilyn Kane. Two time cancer survivor. Now may have throat cancer. Awaiting test results.

**Ron Cooper:** Please pray that my oral surgery on Aug 3rd goes well. Thank you.

**Sylvia Tally:** Please pray for Jesse. (He was not well last Sunday.)

**Don Flanagan:** Continue to pray for Wilma and my grandson, Christopher who is in Iraq.

**Aleta Anderson:** My Uncle Leo's cancer is getting worse and he is not doing good at all. Please pray for him.

**Anita Poland:** Al is having serious back pain. Please pray for him.

**Vanessa Toombs:** Pray for a fast recovery of my shoulder.

**Mike & Michelle Kish:** Pray for the Frahm family in Thailand right now. Pray for Chayana. She's in the hospital.

**Patty Welter:** My aunt, Bonnie Waldo is in critical condition at KMC following gall bladder surgery.

## **Prayer requests continued...**

**Ni'Chel Cooper:** I am very thankful that we sold our house, but we need to be out in three weeks. So we only have two weeks to find a place.

**Fred & Opal Bonney:** Please pray fervently for Lila Doyle, Opal's youngest sister. She had cancer first in her eye, now it's in her liver. She lives in Roswell, NM.

**In Sympathy...**Our prayers are with Ron DuPey and his family in the passing of his sister, ***Ruth Putnam***. Keep them in your prayers during this time of loss.

## **Other requests...**

***Jack Pierce, Diane Rude, Randy Wakefield, Janet Chambers*** going thru chemo...***Irene Clark*** respiratory infection...***Ron Dupey*** for healing...***Marilyn Hughes*** damaged ankle...***Chayana Frahm*** stomach reflux...***Jim Almond, Fred Bonney and Phoebe Hruska*** health issues...***Audey Cutler, Marty Webb, George Schwebach, Don Ealy, Leonard Almond, Bob Edwards, Juanita Owen, Vicki Tazy, Scott Morris*** cancer...***Howard Rude, Sr., Rob Neill and Bill Turbin*** heart problems...***Bonnors Ferry Church of Christ...Doran Linder, Chad Turnbull, Chris Henrikson and Tim Peterson*** serving in Iraq.

## **Thank You...**

Thank you for all your prayers, thoughts and cards that we received. Your love and encouragement was greatly appreciated. To the person or persons who left the note with the Emotional Hug, words that I needed to hear and your gift – THANK YOU! We are truly blessed and very grateful to have a family in Christ like the one we have here. Thank you for your love and support.

In Christ, ***Kim, Ronnie and Gerry***

Thank you for your prayers. Cancer of my spine has been ruled out of my test. I go to an orthopedic surgeon from here.

Thank you, ***Carole Fredrikson***